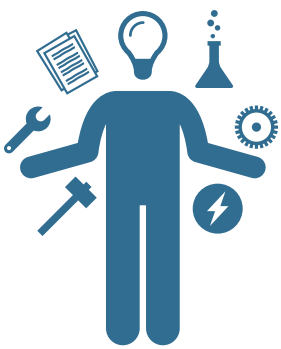
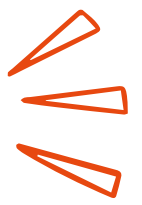


THE BENEFITS OF SUMMER CAMP



DEVELOPS LIFELONG SKILLS

Camp is a great way to acquire skills that will benefit youth throughout their life, such as social and communication skills, while instilling a greater sense of responsibility for themselves and those around them.

FOSTERS GROWTH & INDEPENDENCE

Being away from home creates independence and builds confidence. Campers learn more about themselves, and are valued for who they are and what they contribute to the world around them.

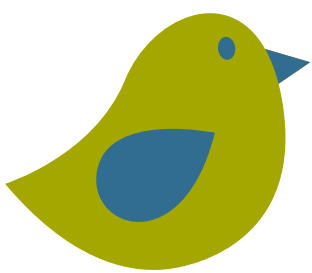


CREATES TIME FOR PLAY & FUN

Traditional camp activities like swimming, campfires, crafts and games all have an element of fun, and encourages youth to make new friends - and more importantly, participating in screen-free activities!

TEACHES TEAMWORK & CO-OPERATION

At camp, youth learn to work with others in a team, recognize team members for their contributions, and encourage those who are traditionally left behind in a group setting. This fosters both tolerance and inclusive practices and behaviours.



ENCOURAGES A CONNECTION WITH NATURE

Camp is learning about how to treat and respect our environment and appreciate nature. It's about stopping and taking the time to learn about nature and breath in the fresh air.

BUILDS COMMUNITY & PURPOSE

Through camp activities, youth develop a greater sense of community and an inclination to make a positive impact on the world around them. Community involvement gives youth a sense of purpose and belonging.



SUPPORTS HEALTHY LIVING

Camp programs encourage healthy eating and physical activity. Providing youth with opportunities to participate in all kinds of fun, physical activities at any skill level, is a great way to encourage positive habits into adulthood.

BUILDS RESILIENCE

Camp provides the opportunity for youth to face challenges, and practice overcoming them. The value of effort is instilled, helping youth believe in themselves and develop confidence as they overcome challenges with determination, patience and a drive to succeed.

